

Pacific Swimming Athlete Committee

Meeting Minutes

Sunday, March 24, 2024 @ 6:30 PM

<https://zoom.us/j/92193801623?pwd=ZTg5bm94dmZrY0pqK1hBTGx6ckh6dz09>

Our mission is to share knowledge, develop leaders, and promote inclusivity to unify the athlete community.

- I. Call to Order
- II. Attendance (no need to write your own name): Lily Struempf, Veronica Hernandez, Steph Anderson, Abbey Keller, Amira Dang, Amy Chen, Antonio Bazan, Aria Pon, Atlas Metin, Brooke Bennett, Brookelyn Helmick, Calvin Cicarelli, Diana Fetterman, Dominick Wonosaptura, Donna Talmadge, Iris Seligson, Jack True, Jessica MK, Jessie Hu, Kate Corbett, Kyle Kengla, Lily Yung, Malia Offenberg, Monica Warren, Morgan Nelson, Orion Phan, Samuel Ciciarelli, Saveta Holunga, Max Farnham, Violet Rutter, Amit Kannan,
 - A. Please put your first and last name as your username on Zoom.
 - B. Communication: Please be sure to email vhernandez@pacswim.org directly if you are not able to attend Athlete Committee meetings.
- III. Resources for the month:
 - A. [Meet Results: 2024 NCAA DI Women's Swimming & Diving](#)
 - B. [Earth Day](#)
- IV. Icebreaker: two groups
 - A. Break out into groups to brainstorm how swimming could be more economically friendly/how is swimming wasteful
 1. Think about tech suits (are they biodegradable?) Plastic lane lines, goggles, etc.
 - B. Social media ideas
- V. Reports:
 - A. Senior Rep (srathleterep@pacswim.org)
 - B. Junior Rep (jrathleterep@pacswim.org)
 - C. Zone Reps:
 1. Zone 1N (ZS & PG - z1nathleterep@pacswim.org)
 - a) absent
 2. Zone 1S (JL - z1sathleterep@pacswim.org)
 - a) absent
 3. Zone 2 (SH - z2athleterep@pacswim.org)
 - a) No report
 4. Zone 3 (JH - z3athleterep@pacswim.org)
 - a) Finalized meet schedule for 24-25
 5. Zone 4 (BP - z4athleterep@pacswim.org)
 - a) absent
 - D. Committee Reps:
 1. Senior (BB)
 - a) What makes a "senior" rules
 - (1) Hopefully decide on next meeting

- (2) Age Group = technically 18 and under bc Far Westerns & Age Group Champs (JOs)
 - (3) Most athletes agree that Senior is highschool age and Age Group is 14 and under
 - b) Too many senior swimmers and not enough meets and pools don't want to host a meet
 - (1) Senior opens fill quickly while Sr 2/3 meets do not fill
 - c) Many younger swimmers with no time standards trying to enter Senior cut meets
 - 2. Age Group
 - a) Defining Age Group
 - b) "A" medals and awards
 - (1) Want teams to hand out medals and ribbons to encourage athletes to stay (now much cheaper to encourage this)
 - c) Defining bonus cut times as BB times and 500, 1000, & 1650 are included
 - 3. DDEI
 - a) No athlete reps were on the last meeting
 - b) Disability parallel time standards for senior meets with cut times
- E. Team Reps:
 - 1. PASA DKS: holding a team fundraiser next weekend
 - 2. PLS hosted a senior open 2 weeks ago
 - 3. OPAB: 13-14 girls set new Pacific 200 fr relay record
- F. Vice Chairs (VH)(ES);
 - 1. Approved the first round of meet bids for pacific swimming meets and there is still no host for spring or winter Age Group Championships → a lot of people were upset about the Hollister location last time but they were the only ones who stepped up to host
 - 2. Many swim meets that do not have hosts right now, we are losing hosts and people applying for hosting meets which is a problem for running meets and is difficult to put on meets
- G. General Chair (LI):
 - 1. No report
- H. Mental Health (JL & SB - repsocial@pacswim.org);
 - 1. Created a post but waiting on login info to post
- I. Rep Recruitment (SA):
 - 1. No report
- J. Suit Exchange (LY):
 - 1. (Orinda Aquatics) was able to donate some suits (~11) to new Jrs and Srs in our team as we had our peak meets. If you have any fast suit meets coming up I encourage you to reach out to your teammates and see if they need some suits (if you have old ones you don't use).

VI. New Business

- A. [Junior Athlete Rep Application](#)
 - 1. open to current sophomores, juniors and seniors able to apply but you must continue the role in college
 - 2. Due April 21st
 - 3. For voting: if you are a team with multiple reps/locations only 1 gets to vote and have it count
- B. Athlete Leadership Summit

1. <https://ahaslides.com/YMAPT>

VII. Ongoing Business

A. [College Commitments](#)

1. On Pacific Swimming page
2. As they fill out the google form, more athletes are added to the list
3. Fill out form to be featured with your committed college so we can celebrate our seniors, let your friends know to fill out the form as well

B. [Amerie Nordberg Scholarship](#)

1. Currently out, for all seniors who will be swimming in college, closes **march 31st**, great scholarship opportunity
2. Committee for choosing scholarship will be meeting soon

C. Leadership Summit

1. Fitter and Faster planning a stroke clinic for us if we can get a pool large enough, pool is on hold because fall schedule is not out yet, trying to reserve 10 lane pool near the Pleasant Hill Teen Center (about 20 min walk), Teen Center pool is too small
2. Clinic will (if all goes to plan) be free for athlete reps on Saturday, then will be open to the public on Sunday at a cost to cover the cost for athlete reps

VIII. April Team Culture Action Item:

A. [November 8, 2023 - PC Swimmers' College Commitments - Class of 2024](#) →
form to submit to

1. Spread the google form to seniors on your team

IX. Next Meeting: [2023 Athlete Handbook](#)

A. [April 28, 2024](#)